



National Conference 2025

Saturday 20th September 2025 (CPD 5 points equivalent)

Bridging the gap: Prevention through Education

Venue: Doubletree by Hilton Hotel, Warrington Road, Hoole, Chester, Cheshire CH2 3PD

08:30 – 09:00 **Registration – Delegates**

09:00 – 09:05 **Chairman's Address**

Dr Ashish Dhawan National Chairman, BIDA.
Consultant Cardiologist, Warrington, Wigan & Leigh Teaching Hospitals

President's Address

Prof. Amit Sinha
National President, BIDA. Consultant Orthopaedic Surgeon

09:05 – 09:10 **Welcome Address**

Prof Ravish Katira Chair, BIDA National Conference 2025.
Consultant Cardiologist, Whiston Hospital, St. Helens & Knowsley Teaching NHS

09:10 – 09:25 **Keynote Speaker**

Dr Mumtaz Patel
President, Royal College of Physicians, London. Consultant Nephrologist.
Future Perspective of Medical Education and Training

SESSION 1: Regulation & Accountability in the NHS

Chairpersons: Prof. Sanjay Arya OBE, Dr Shikha Pitalia

Panellists: Dr Raj Verma, Dr Shanu Datta

09:25 – 09:40 **Message – Charlie Massey** Chief Executive Officer, General Medical Council

Prevention of GMC Referrals

Tista Chakravarty-Gannon Head of Outreach Operations, General Medical Council

09:40 – 09:50 **From Hospital to Community – What future does the NHS 10-year plan hold for General Practice?**

Prof Chaand Nagpaul CBE Chair, Harrow LMC and NW London LMC Network, and RCGP Council Member.

09:50 – 10:00 **Accountability in the NHS**

Mr Ramesh Balasundaram Consultant Orthopaedic Surgeon.
Planned Lead Care, Betsi Cadwaladr University Health Board

10:00 – 10:10 **How to stay out of trouble**

Mr Gurpreet Singh MBE Consultant Urologist. Non-Executive Director, Southport & Ormskirk Hospitals NHS Trust

10:10 – 10:30 **Panel Discussion**

SESSION 2: Medical Education

Chairpersons: Prof. Sanjoy Bhattacharyya, Dr Vinod Gadiyar

Panellists: Prof Raj Murali MBE, Mr Pragnesh Bhatt

10:30 – 10:40 **Differential Attainment: Challenges and Solutions**

Dr Mumtaz Patel Consultant Nephrologist. President, Royal College of Physicians, London.

10:40 – 10:50 **Medical Education and the role of the Royal College of General Practitioners**

Dr Richard Vautrey General Practitioner. President, Royal College of General Practitioners, London.

10:50 – 11:00 **Educating Doctors of the future: Fit for Purpose?**

Prof Arpan Guha Consultant in Critical Care. Dean, University of Greater Manchester Medical School.

11:00 – 11:15 **Panel Discussion**

11:15 – 11:45 **Coffee Break**

SESSION 3: Preventative Medicine

Chairperson: Dr Shamim Rose

11:45 – 11:55 **The NHS Recovery – Who will make the key decisions, and how?**

Dr Sakthi Karunanithi Director, Public Health Lancashire and South Cumbria ICB

11:55 – 12:05 **Embedding a prevention and health inequalities approach within the hospital**

Prof Thara Raj Director of Population & Health Inequalities, Warrington & Halton Hospitals NHS Trust

12:05 – 12:15 **Old-Age Medical and Social Care**

Prof David Brigden Lancaster University Medical School

12:15 – 12:30 **Panel Discussion**

Continued overleaf...



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12:30 – 13:15

BIDA's 50th Anniversary Celebration Felicitation

Prof Amit Sinha, Dr Ashish Dhawan

Past – Present – Future

Dr Surendra Kumar, Dr Sai Pillarisetti, Paarth Gupta

13:20 – 14:00

Lunch & Meeting with Exhibitors

SESSION 4:

Women's Health

Chairpersons: Dr Anita Sharma, Dr Marguerite O'Riordan

14:00 – 14:15

The Cost of Sexism in Medicine

Dr Latifa Patel

ST7 Resident Doctor Respiratory Medicine, Manchester.

Former Chair Representative Body & Equality Lead, British Medical Association.

14:15 – 14:30

Are Women getting the care they deserve? Bridging the gap in Gynaecology waiting times in the U.K.

Miss Sujata Gupta

Consultant Obstetrics & Gynaecology, Stockport NHS Foundation Trust

14:30 – 14:45

Panel Discussion

SESSION 5:

Resident Doctors Session – Podium Presentation

Chairpersons: Mr Alireza Sherafat, Dr Momna Raja, Dr Negin Gholampoor

14:45 – 15:00

15:00 – 15:20

Coffee Break & Meeting with Exhibitors

SESSION 6:

Diabetes / Endocrinology

Chairpersons: Dr Rakesh Sharma, Prof Ravish Katira

15:20 – 15:40

Medical Management of Obesity

Prof Franklin Joseph

Consultant Endocrine, Diabetes & Metabolism, Countess of Chester Hospital, Chester

SESSION 7:

Cardiology - Prevention is better than cure

Chairpersons: Dr Ashish Dhawan, Dr Suresh Chandran

15:40 – 16:15

Can I Prevent that Heart Attack?

Dr Chetan Upadhyaya

Consultant Cardiologist

Statin Intolerance – Practical Considerations

Dr Yee-Ping Teoh

Consultant Chemical Pathologist

16:15 – 16:30

Finance Talk – Quilter

Veronica Trotter

16:30

Vote of Thanks

Dr Sai Pillarisetti

National Secretary, BIDA



National Conference 2025 Sponsors

BIDA would like to acknowledge the invaluable support received from these organisations towards this Conference.

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